

## Gold Pride in Achievement Award

- ★ You must achieve 21 PIA Certificates or personal challenges.
- ★ You need to do at least one challenge from each section below.
- ★ With the help of your parents and teacher you may write your own challenge.
- ★ Your own challenge must be approved by a school adult.
- ★ You need to complete at least two challenges a term and present it on the Learning Expo day.
- ★ It is up to you to meet with the school adult and show that you have completed each challenge.

### Values

- V1. Give to children in need: Participate in the 20 Hour famine. Raise minimum of \$20.00.
- V2. Give to your family: Prepare 2 formal three course meals including the menu, cooking and presenting, photographs of the meal and feedback from your guests.
- V3. Give to families in need: Find a way to help those in need (food collection for Salvation Army etc).
- V4. Give of your time: Visit an elderly person at least six times over two terms
- V5. Give your skills to help others: Complete a First Aid Course or join surf life-saving to help others.
- V6. Design your own challenge.

### Academic Excellence

- A1. Improve your maths ability: Complete three Maths Achievement Challenges.
- A2. Be a reporter: Report an event in writing and present it in the newsletter.
- A3. Improve your science and technology skills: Design and build a model glider.
- A4. Improve your study skills: Research another country and compare to NZ. Decide the best place to live and play and justify your decision (see your teacher for the format).
- A5. Create a moving puppet with strings and present in a short play.
- A6. Create a slideshow that highlights the value and importance of Travis Wetland / Dudley Creek / Avon River.
- A7. Create a painting of a landscape scene.
- A8. Learn a new craft or musical instrument.
- A9. Improve your confidence and skill: Prepare and present a speech on a topic *of your choice at a Team Assembly*.
- A10. Design your own challenge.

### Physical Activity and the Outdoors

- P1. Improve your fitness: Over a four week period complete a run or walk of at least 40km or cycle 80km (try the McLeans Island Track!).
- P2. Improve your swimming skills: Swim a total of 500m non stop.
- P3. Explore the outdoors: With a family member or family friend complete an overnight tramp.
- P4. Undertake a multisport event: Participate in a triathlon as an individual.
- P5. Compete in a representative sport outside school.
- P6. Walk or run around the Travis Wetland walk three times with a family member.
- P7. Design your own challenge.